

# Out and about - discover your beaches!

Put your hat and sunscreen on and walk your way along your favourite beach to discover some of the interesting things washed up on the shore!

Tick each object you find.

- |                                     |  |   |
|-------------------------------------|--|---|
| <input type="checkbox"/> Coconut    | <input type="checkbox"/> Piece of dead coral | <input type="checkbox"/> Sea Sponge                   |
| <input type="checkbox"/> Crab shell | <input type="checkbox"/> Piece of plastic    | <input type="checkbox"/> Seaweed                      |
| <input type="checkbox"/> Cuttlebone | <input type="checkbox"/> Ram's horn shell    | <input type="checkbox"/> Shell with a hole through it |
| <input type="checkbox"/> Feather    | <input type="checkbox"/> Red or pink shell   | <input type="checkbox"/> Urchin case                  |
| <input type="checkbox"/> Pebble     | <input type="checkbox"/> Rope or net         | <input type="checkbox"/> White shell                  |

Here are some important things to remember/take with you while exploring:

- Wear sun protective clothing, including a hat and sunscreen.
- Take a bottle of water – it can get hot out in the sun!
- Take a hand lens or magnifying glass for closer inspection.
- Be careful when picking items up – you never know what could be hiding inside, or what might sting you!
- Help the environment and take any rubbish safely home with you – recycle or place it in the bin.
- Take your camera to help you to capture memories of your finds.
- Leave marine life on the beach where you found it – each plant and animal plays an important part in the environment.
- Leave only your footprints.

